



A GUIDE TO NOT SLEEPING

A concept surrounding the frustration and discomfort of the worldwide phenomenon: sleeplessness. Exploring the reasons why we don't sleep at night and the anxious inner dialogue that comes with it to highlight the battle of wakefulness and dream like states.



WHY ARE YOU STILL AWAKE?

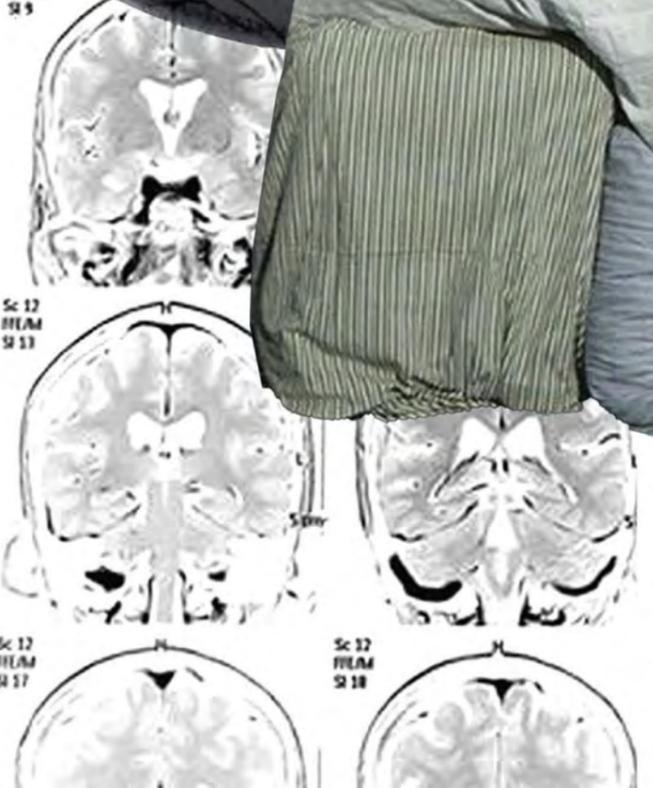


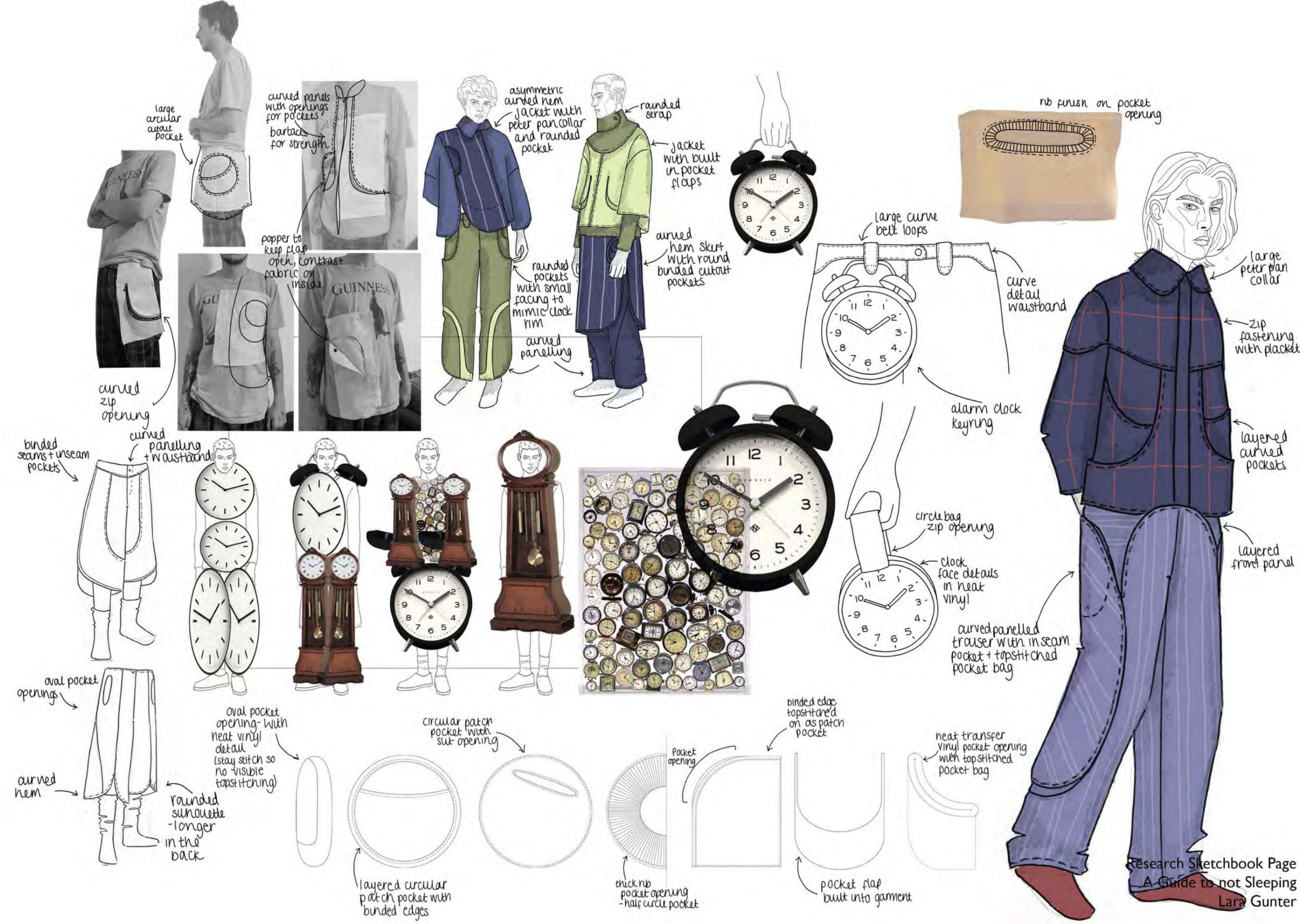
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large circular cutout pocket

curved panels with openings for pockets
bartacks for strength

asymmetric curved hem
jacket with Peter Pan collar and rounded pocket

rounded strap

jacket with built in pocket flaps

rib finish on pocket opening

popper to keep flap open, contrast fabric on inside

rounded pockets with small facing to mimic clock rim

curved hem skirt with round banded cutout pockets

large curve belt loops

curve detail waistband

large Peter Pan collar

zip fastening with placket

layered curved pockets

layered front panel

curved zip opening

banded seams + unseam pockets

curved paneling + waistband

alarm clock keyring

circle bag zip opening

clock face details in heat vinyl

curved panelled trouser with in seam pocket + topstitched pocket bag

oval pocket openings

oval pocket opening with neat vinyl detail (stay stitch so no visible topstitching)

circular patch pocket with slit opening

banded edge topstitched on as patch pocket

neat transfer vinyl pocket opening with topstitched pocket bag

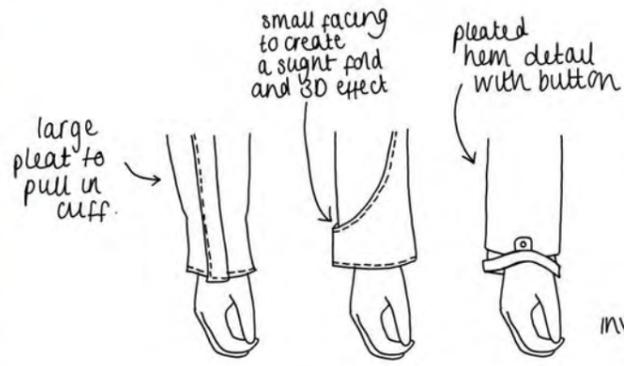
curved hem

rounded silhouette - longer in the back

layered circular patch pocket with banded edges

thick rib pocket opening - half circle pocket

pocket flap built into garment



pleated overlay goes over shoulder and arms

shoulder pleats forward to create unique pocket

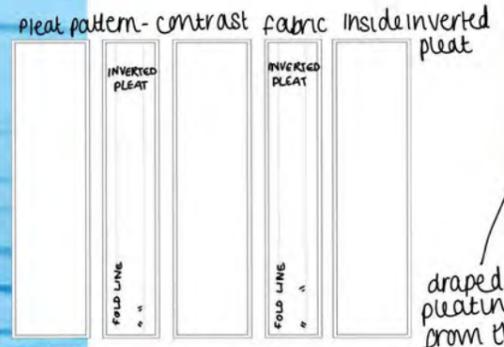
paneled collarless shirt with pleated panel and darted sleeves cuff

small pleated panel and sleeve + cuff

the frustration of the feeling of creased bedding.



radial neckline pleats could open up and fasten with buttons



draped pleating from the front round to the back

asymmetric wrap fastening

long pleated coat with top stitching to drape pleats

pocket panel layered over pleating



contrast fabric within inverted pleat

small knife pleats on one side large inverted pleats on the other

wrap button closure

singular large pleats

pocket within pleat

radial pleat patch pocket

cutout in pleat for pocket opening with topstitched pocket bag

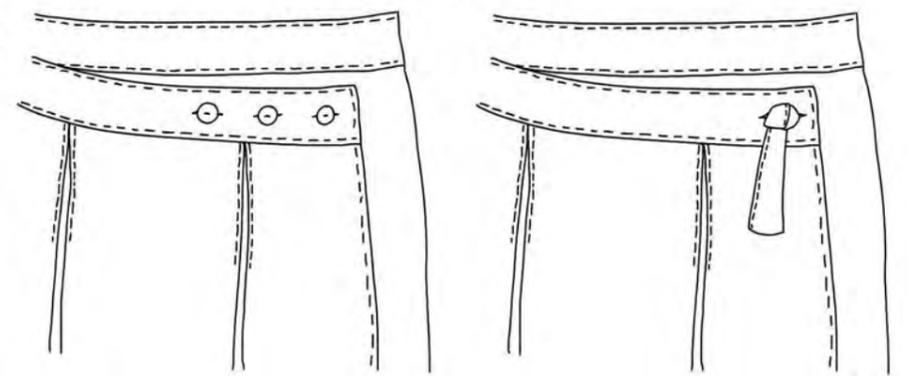
layered pleated skirt with lots of contrasting checks and pleat sizes



Asymmetric pleated skirt sketches:



asymmetric fastening:





pleats could be buttoned to adjust how the jumper could be worn

pocket bag sits under pleat

double rib neckline, looks stretched over shoulder

pocket opening slightly hidden under pleat

large 'random' pleating to distort shape

random tuck to distort shape

lower second neckline layer

make neckline slightly wider

large pleat goes over armhole and down back

draped jumper front panel into batwing sleeves with no armhole seam

layered draped t-shirt with thick collar

hanging sleeve with collar and button stand

'neckline' on shoulder

layered rib cuff cutouts

panel tucks under hem

sleeves aren't used and instead drape down?

draped gathered hood

cropped 'uncomfortable' fit

manipulate fabric to look stretched?

distorted overlay

Pocket panel

draped skirt panel flaps back on itself and wrap fasteners

binded edges

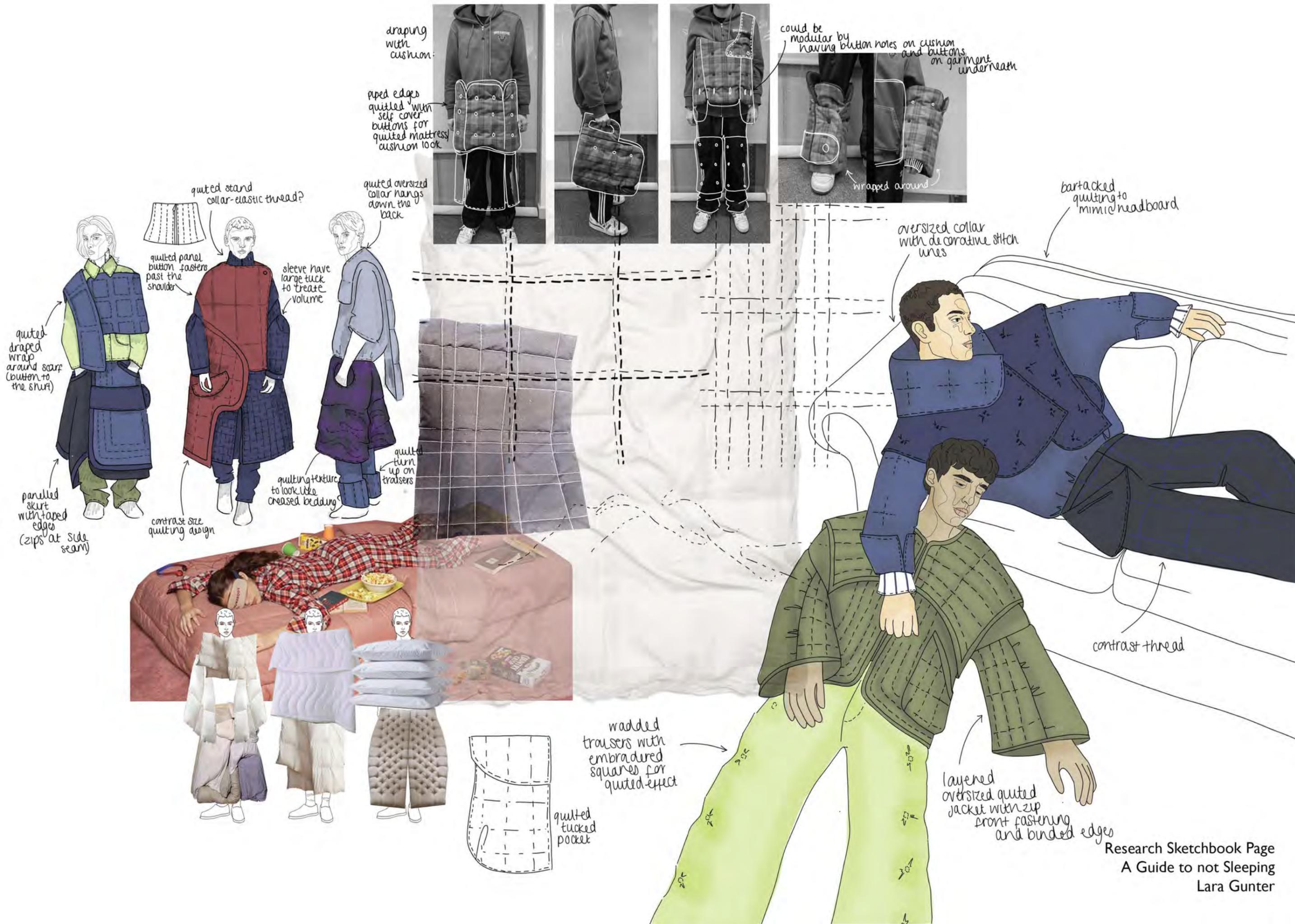
irregular shape

collar

belt/waistband

layered cuff

many layers of draped fabric?



draping with cushion

could be modular by having button holes on cushion and buttons on garment underneath

pip ed edges quilted with self cover buttons for quilted mattress cushion lock

wrapped around

bar-tacked quilting to mimic headboard

oversized collar with decorative stitch lines

quilted stand collar-elastic thread?

quilted oversized collar hangs down the back

quilted panel button fasteners past the shoulder

sleeve have large tuck to create volume

quilted wrap around scarf (button to the shirt)

parallel skirt with taped edges (zips at side seam)

contrast size quilting design

quilted texture to look like creased bedding

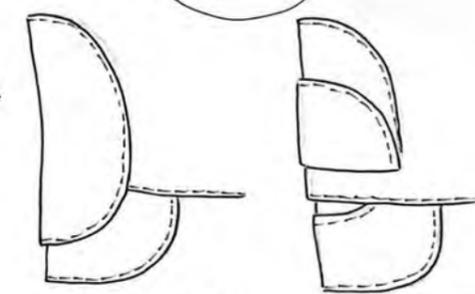
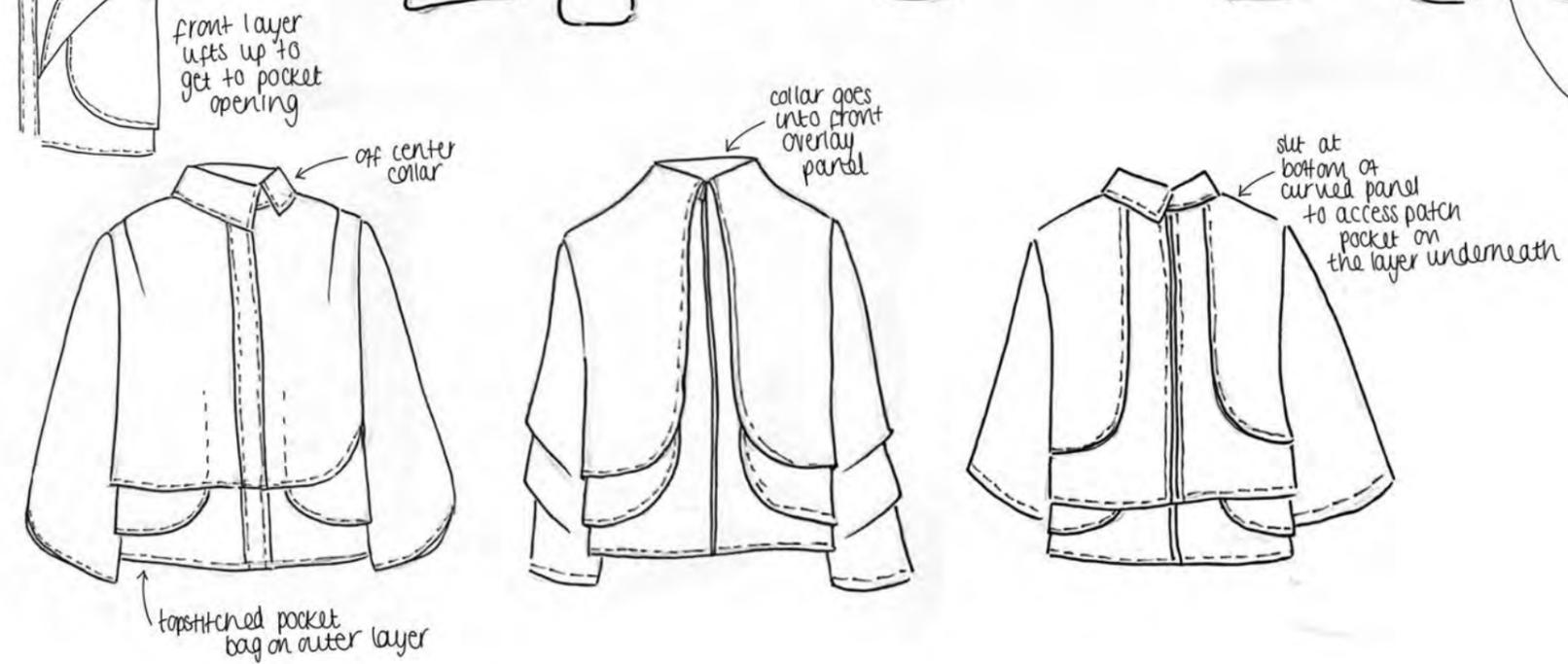
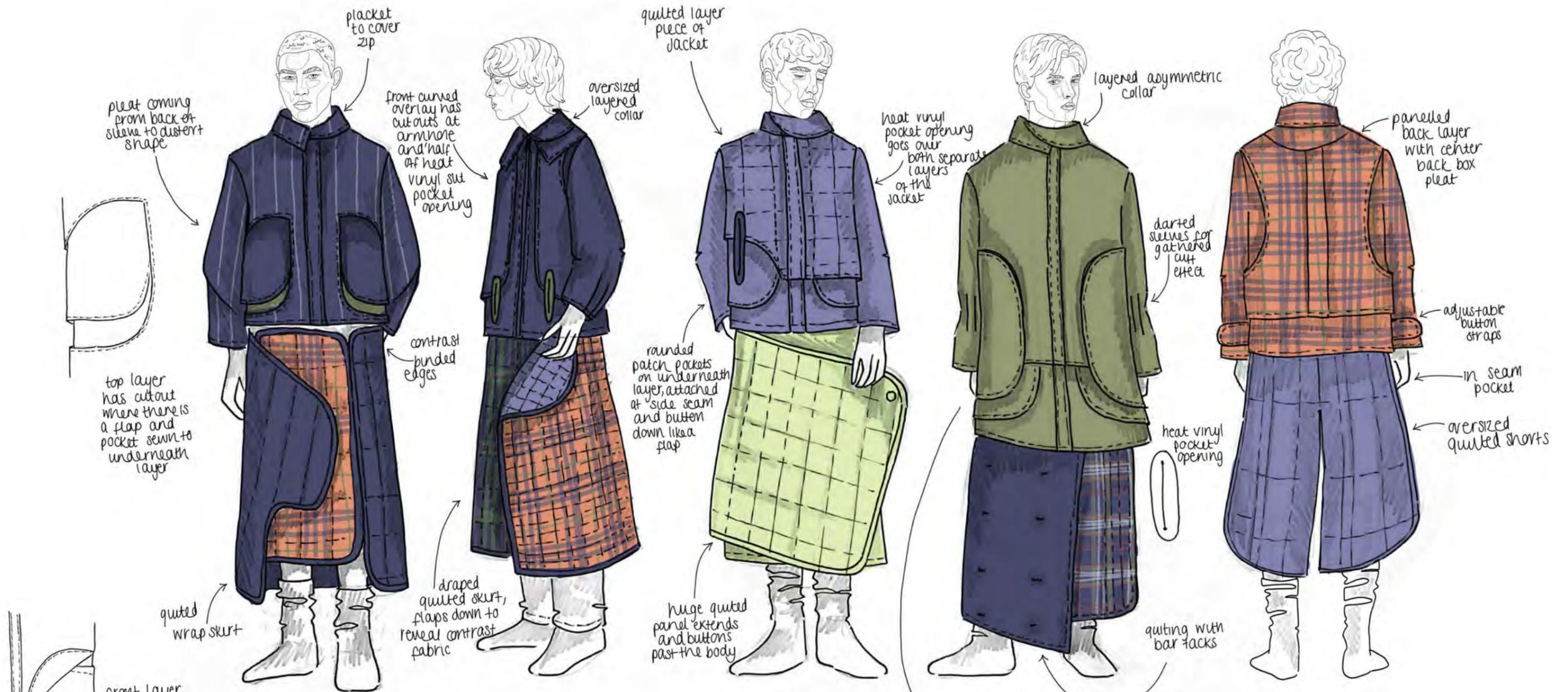
quilted turn up on trousers

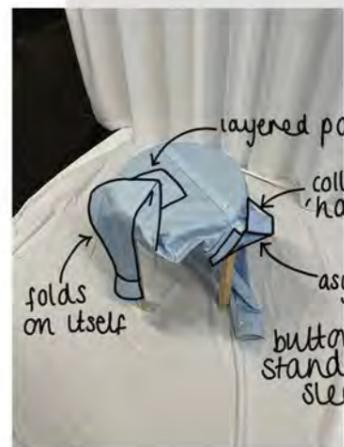
contrast thread

wadded trousers with embroidered squares for quilted effect

quilted tugged pocket

layered oversized quilted jacket with zip front fastening and banded edges





could be pocket opening

shirt folds vertically on itself

nylon raglan shirt with asymmetric collar - one side grow on and the other shirt

'tie' panel goes into button stand and asymmetric curved hem

asymmetric layered collar

scarf like panel comes from shoulder seam and drapes onto back

right panel folds over left shoulder onto back

short sleeves layered over long sleeves with large cuff

could be modular with buttons

pleats at knees going different directions

asymmetric collar and button fastening

twisted pleated detail

back yoke comes onto front and layers over circular pockets

skirt like layer with built in seam pockets

pleated short sleeve

asymmetric fastening, pocket sits under panel that buttons down

back panel comes onto front to create rounded pocket

curved panelling, side seam goes into pleated panel

asymmetric collars and folded layers

small 'twisted' pleating in nylon fabric so that pleats aren't too crisp

paralled pleated trousers with pleat trouser opening

twisted pleating both legs in same direction

asymmetric panel fastening

top panel is loose like mini wrap skirt buttons at side

scarf like piece, drapes down back

dart to create fold back on self

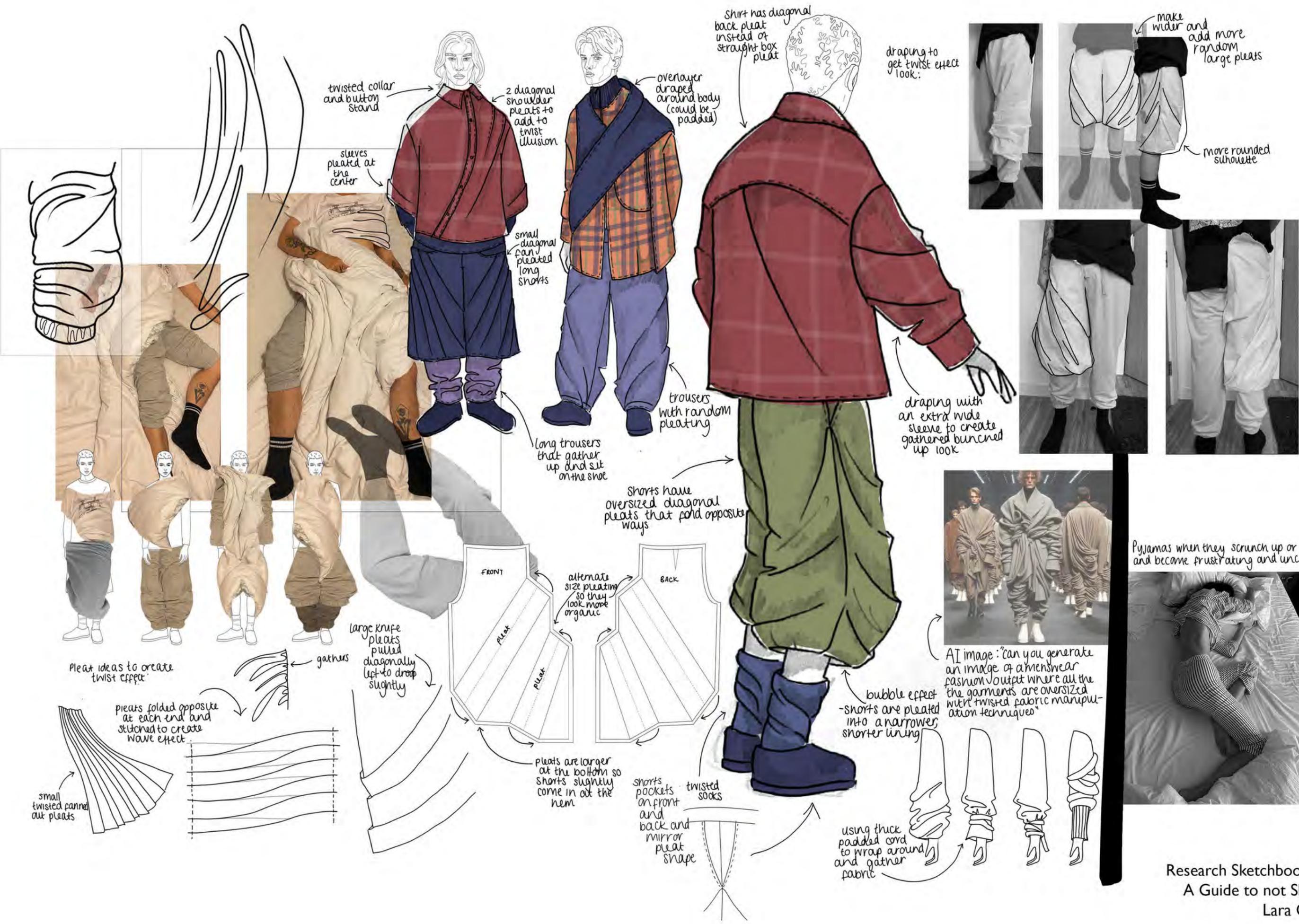
bagged out

curved extra long button stand

draped trousers

sleeves could drape in the wrong place

sleeve goes into bodice by draping



twisted collar and button stand

2 diagonal shoulder pleats to add to twist illusion

sleeves pleated at the center

small diagonal fan pleated long shorts

overlayer draped around body (could be padded)

shirt has diagonal back pleat instead of straight box pleat

draping to get twist effect look:

make wider and add more random large pleats

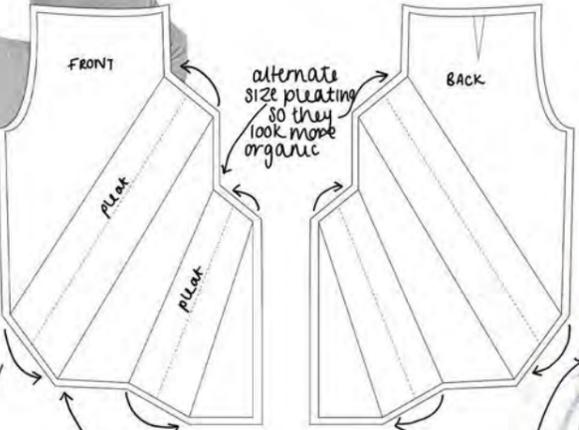
more rounded silhouette

trousers with random pleating

long trousers that gather up and sit on the shoe

draping with an extra wide sleeve to create gathered bunched up look

shorts have oversized diagonal pleats that fold opposite ways



large knife pleats pulled diagonally left to drop slightly

pleats are larger at the bottom so shorts slightly come in at the hem

shorts pockets on front and back and mirror pleat shape

bubble effect - shorts are pleated into a narrower, shorter lining

AI image: "can you generate an image of a menswear fashion outfit where all the the garments are oversized with twisted fabric manipulation techniques"

using thick padded cord to wrap around and gather fabric

pleat ideas to create twist effect:

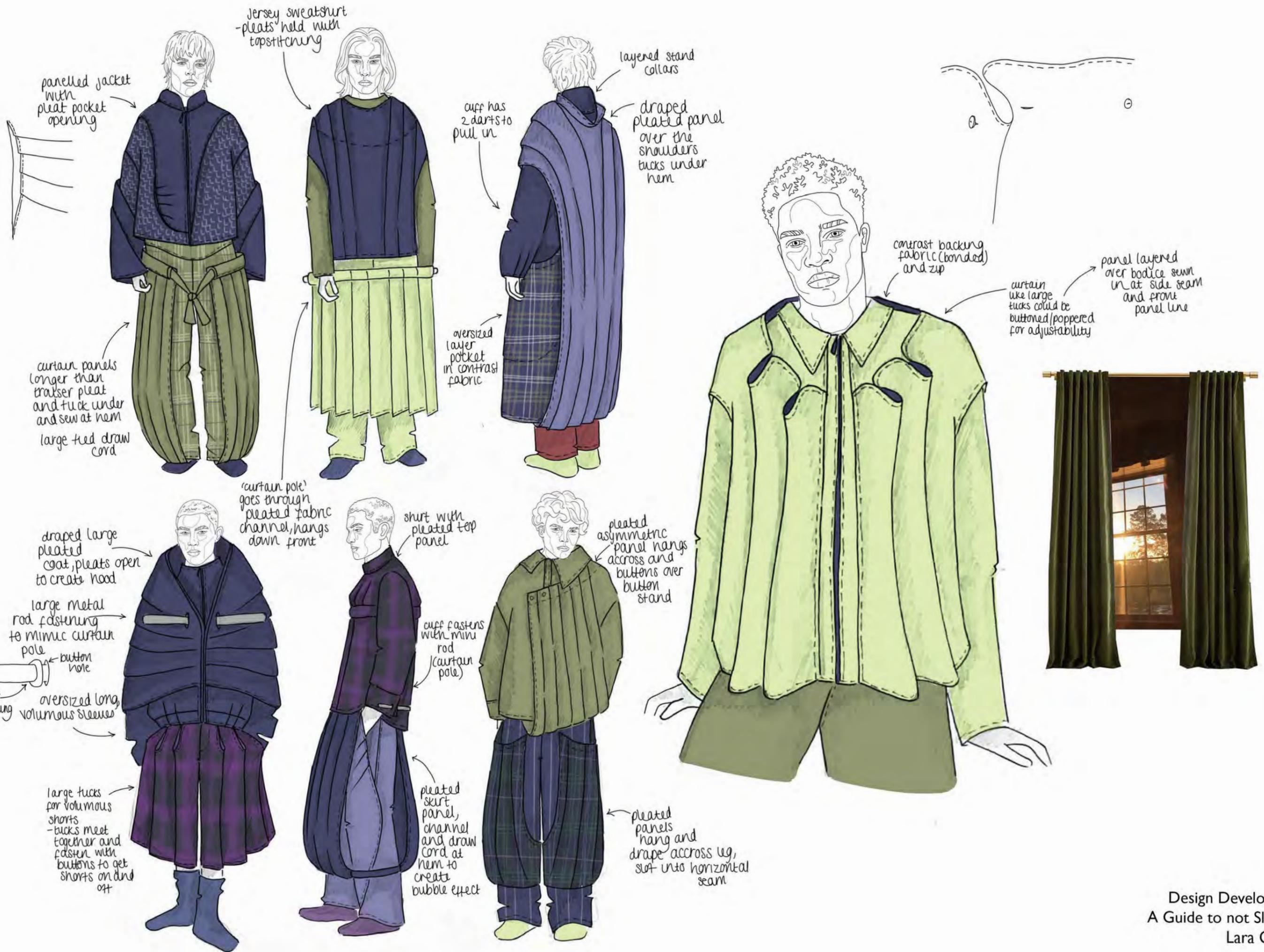
pleats folded opposite at each end and stitched to create wave effect

small twisted panel out pleats

gathers

Pyjamas when they scrunch up or twist and become frustrating and uncomfortable:

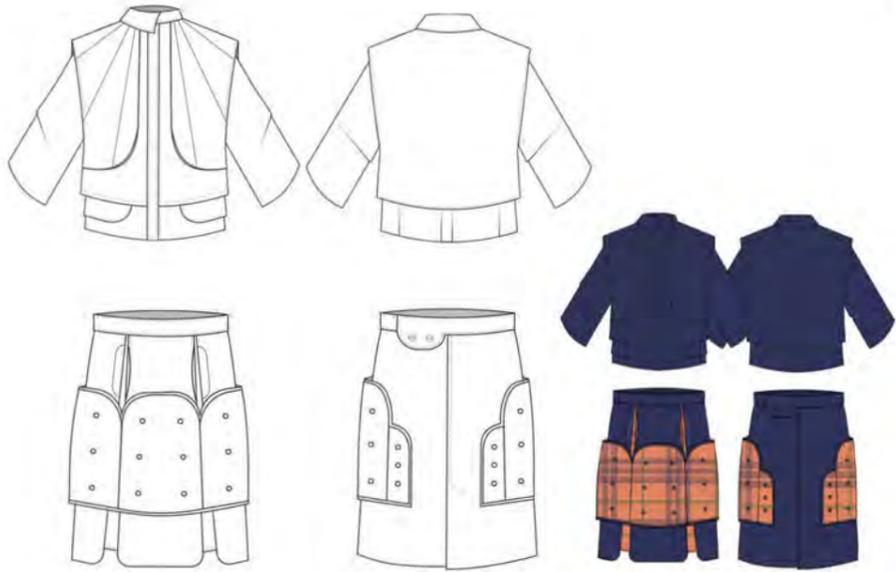




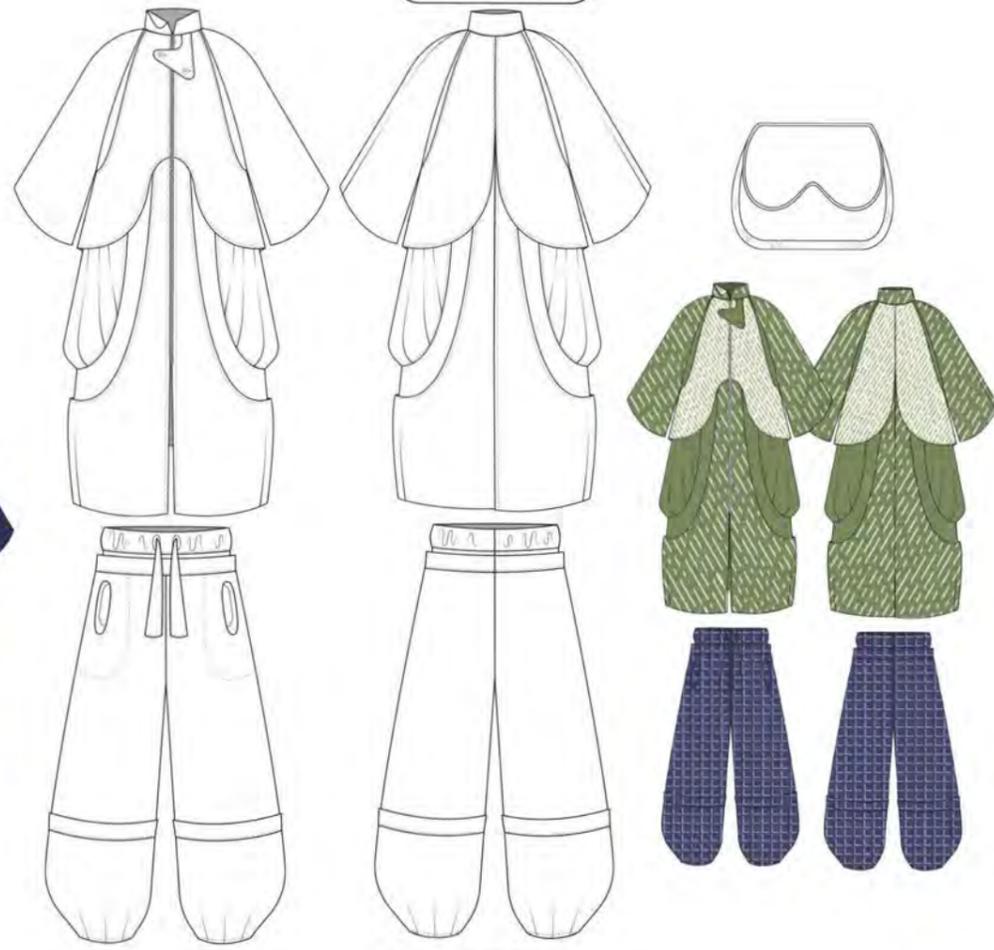


Final Line Up
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Lara Gunter

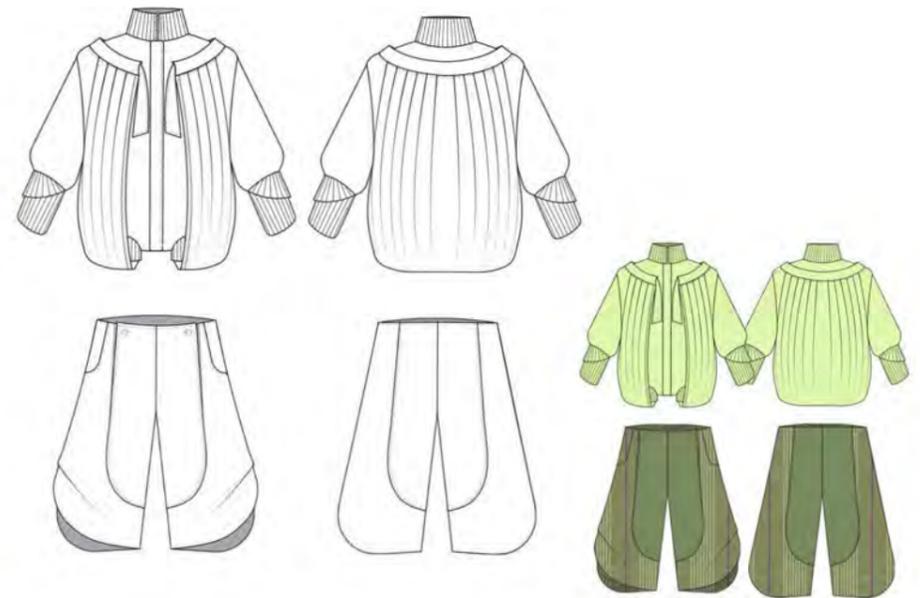
Look 1



Look 2



Look 3



Look 4

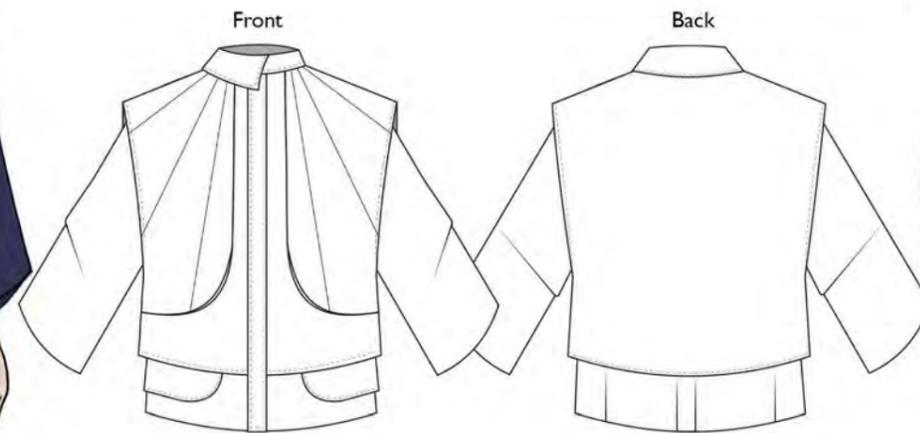


Look 5

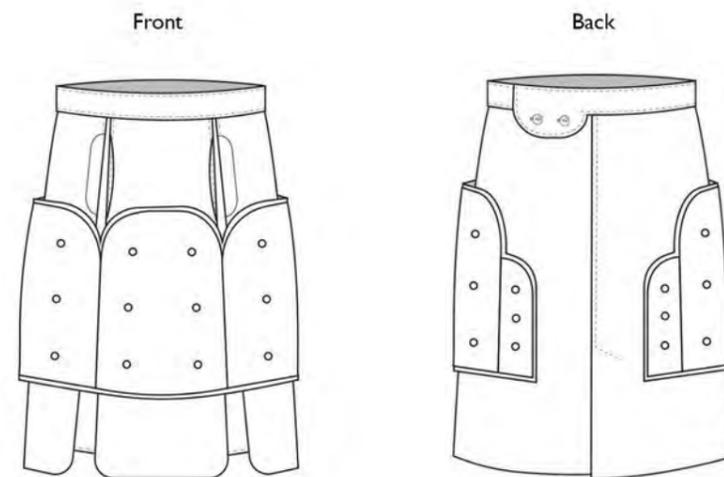
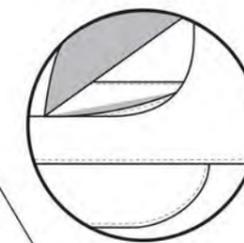


Look 6

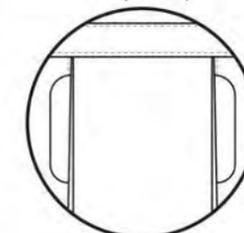




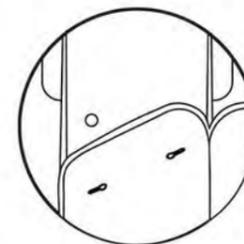
Access to under curved patch pockets via slit in overlayer.



Heat transfer vinyl within pocket opening (hoodie like pocket).



Cushion layer buttons on.



Product	Pleated Jacket
Fabric	Crinkle nylon, cotton sateen backing, recycled polyester twill lining
Colour	Navy blue, fir green lining
Finishes	Zip placket, fully lined, faced sleeves
Trimmings	Navy coil open-ended zip, button
Description	A short jacket with curved pleated panel overlay (linking to creased bedding) with a slit for access to pockets on the under layer inspired by the idea of bed imprinting. The collar is asymmetric and there's a distorting pleat in the sleeve.

Product	Cushion Skirt
Fabric	Crinkly nylon, cotton/ polyester corduroy
Colour	Navy, orange check
Finishes	Bias binded inside seams, fly fastening at center back and waistband with curve button waistband, faced hem, heat transfer vinyl pocket opening
Trimmings	Navy gingham bias binding, nylon fly zip, 2 buttons, navy heat transfer vinyl, self cover buttons, wadding
Description	Navy skirt with inverted pleats an heat vinyl in-seam pockets (plastic material coming from uncomfortable textures) with a detachable wadded cushion with button quilting.



Look 1,2, 3 and 4
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