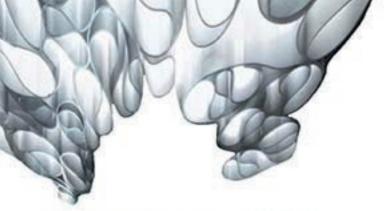
Portfolio

May Illingworth

NTU Fashion Design BA



CONCEPT

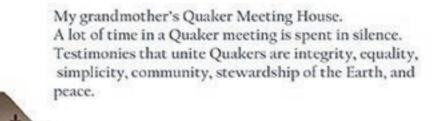
Robert Irwin: One of the key members of the Light and Space Movement of the 1960's in California.



INSPIRATION

My FMP began with looking at my grandma, Märtel, and the lessons I have learned from her. She grew up in Germany in WWII, the oldest of 8 children. Repair was essential for them as rationing limited purchases. This mentality has stayed with her throughout her lifetime.

Märtel has a great appreciation for nature and has been on lots of environmental and political rallies, given lectures about acid rain in universities and is a long-time member of friends of the earth, the UK's largest grassroots network. Architect James
Turrel's got his start
building
meeting houses –
quiet, simple
structures where
Quakers are meant
to 'greet the light'.



The church I grew up in.

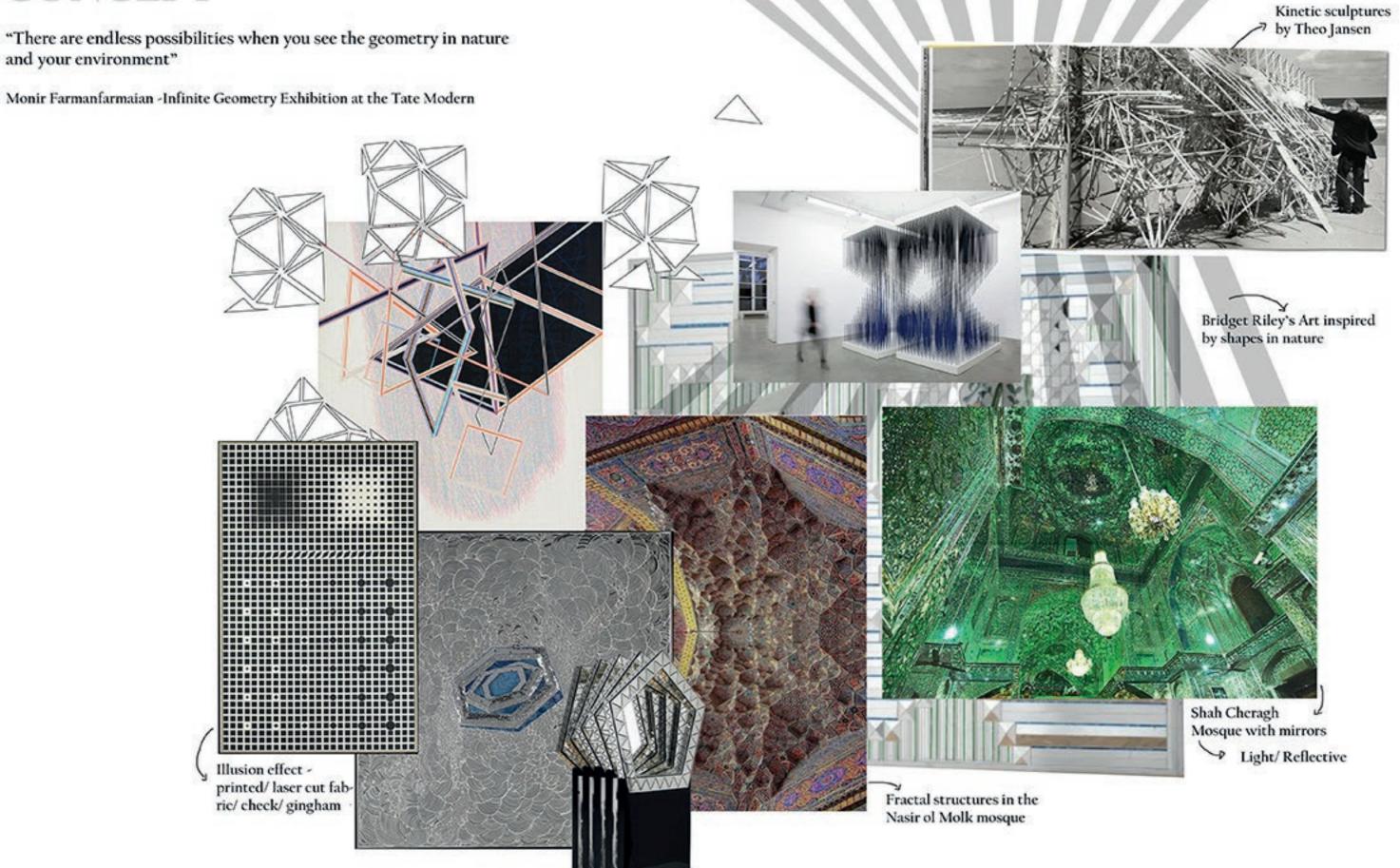


During my childhood, my siblings and I spent the majority of time outdoors, often in my grandparent's garden and their allotment.

Through growing up, however, I have realised how my time spent outdoors has reduced and how most buildings and architecture I enter daily have no resemblance to the natural world.

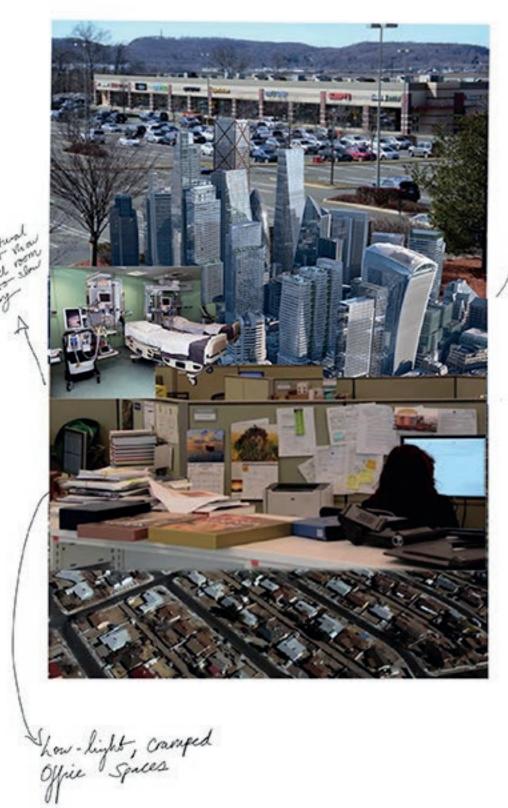
Part of James Turrel's ongoing and largest project 'Roden Crater'

CONCEPT



Benefits of Biophilic Design

"When people are regularly in contact with nature, personal health and wellbeing will improve in a manner and to a degree that contributes meaningfully to public health, community resilience and environmental stewardship".

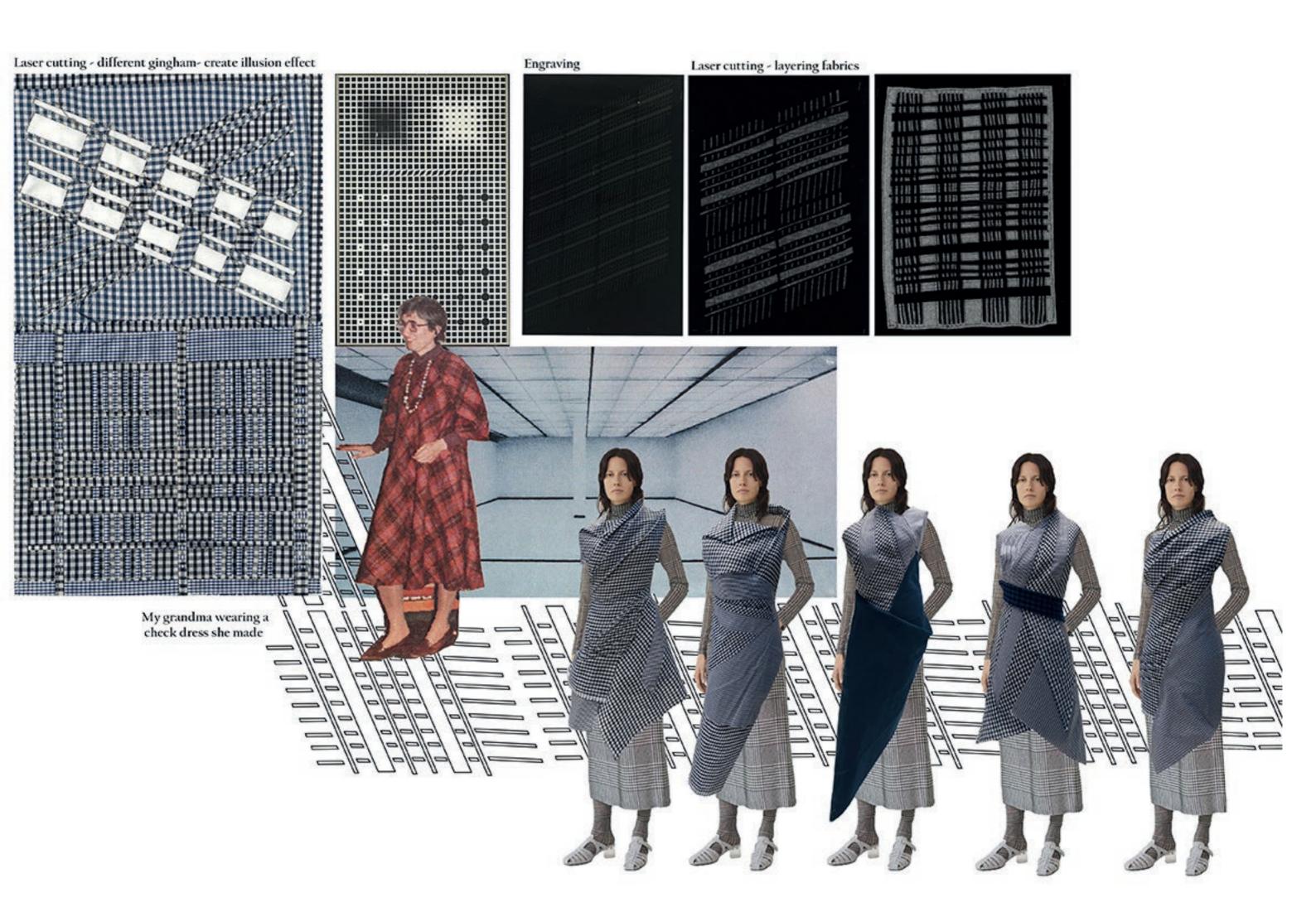


THE ALTERNATIVE

Biophilic design has been proven to:

- Make you more creative and (as much as 15% more) productive.
- · Helps relieve stress and improve mental well-being.
- Feel happier and healthier.
- In healthcare facilities that use biophilic design principles like having natural light or installing a circadian lighting system can improve patient outcomes and reduce staff stress.







Pleated Puffer Jacket Development









OUTFIT I BREAKDOWN



Zero-waste Pleated Puffer Jacket- Reversible with adjustable & detachable features



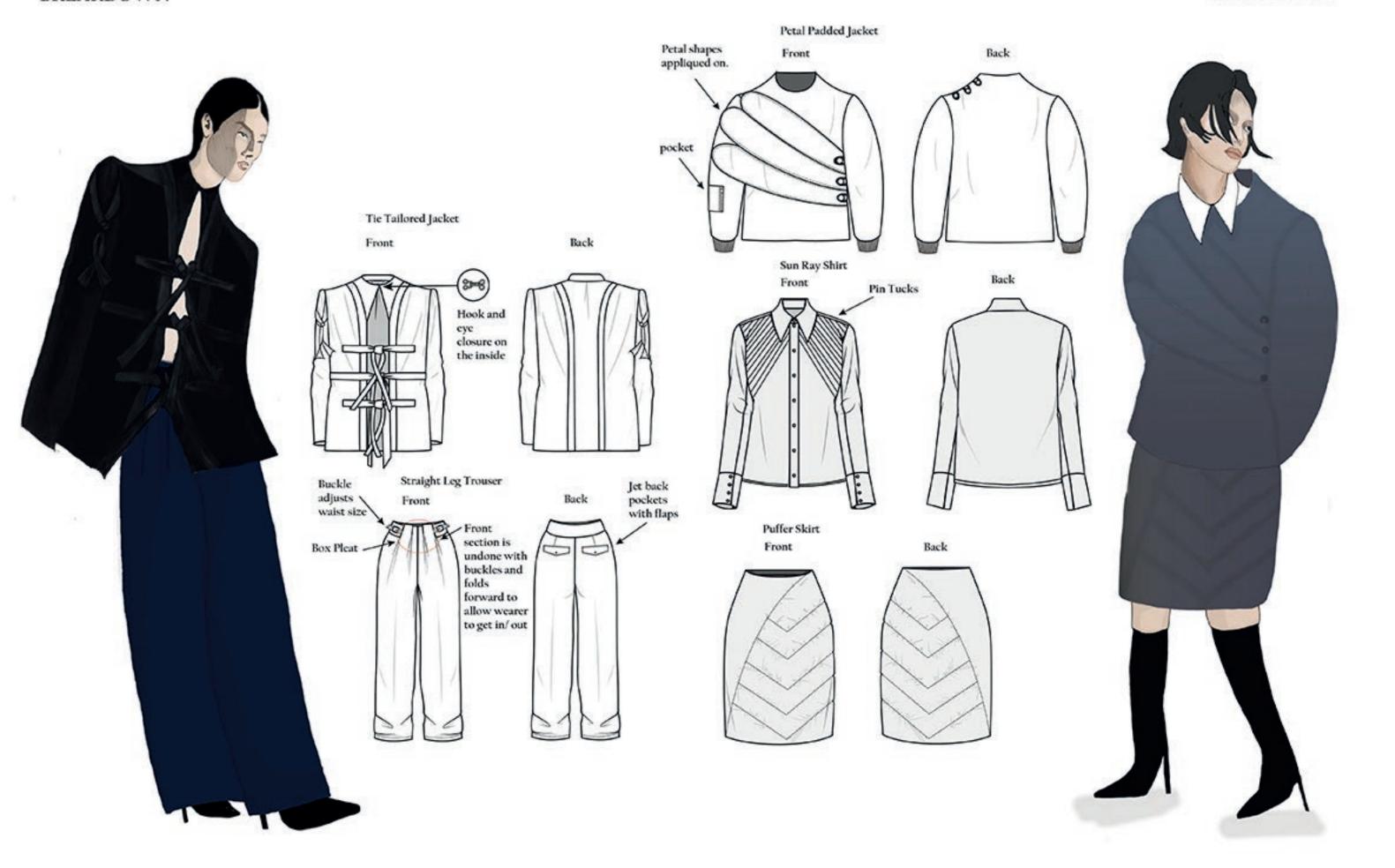
OUTFIT 2 BREAKDOWN

Pleated Adjustable Skirt





OUTFIT 3 BREAKDOWN



OUTFIT 1 **OUTFIT 4 OUTFIT 2** OUTFIT 5 Adjustable Pleated Puffer Coat - Zero-waste Tailored Circle Jacket Transformable Shirt Petal Padded (other option of wearing) Front Back Back Back Front Front Pleated Puffer Coat- detachable lower section Draped Gingham Deadstock Dress Sun Ray Shirt Adjustable Pleated Skirt Back Back Front Back Front Front Back Front OUTFIT 3 Pleated Adjustable Shirt Tie Tailored Jacket Puffer Skirt Pleated Long Vest Front Back Front Front Front Back Back Back OUTFIT 6 Wide Panel Trousers Adjustable Pleated Skirt Straight Leg Trouser Cropped Jacket Back Back Back Back Front Front Front Front