





'BLAKE BERRY'

Spiritual healers are shamans in their own right. They are people who allow the energy of Spirit to flow through them in a way that guides, rejuvenates and empowers others.

# YOU ARE ENERGY

MID 20s - 30s

LIVES A HEALTHY ALL NATURAL LIFESTYLE, IN HER LONDON APARTMENT FILLED WITH INDOOR PLANTS

USE TO BE A MASSIVE PARTY GIRL BUT NOW WOULD RATHER A MATCHA THAN A MARGARITA

CONFIDENT, INDEPENDENT AND INSPIRING

ALWAYS LOOKING FOR NEW WAYS TO EXPAND HER SPIRITUAL JOURNEY

LOVES TO DRESS IN ONE OF A KIND, HEAD TURNING PIECES

IS ALWAYS MAKING AN EFFORT TO BUY CONSCIOUSLY & SUSTAINABLY.

## HEALING

CHAKRA	FREQUENCIES	ZODIAC
CHAKRA	216 Hz - 632 Hz - 864 Hz	♈ Aries
CHAKRA	144 Hz - 288 Hz - 432 Hz	♉ Taurus
CHAKRA	192 Hz - 384 Hz - 768 Hz	♊ Gemini
CHAKRA	128 Hz - 256 Hz - 512 Hz	♋ Cancer
SOLAR PLEXUS	182 Hz - 364 Hz - 728 Hz	♌ Leo
SACRAL	303 Hz - 606 Hz - 1212 Hz	♍ Virgo
CHAKRA	216 Hz - 432 Hz - 864 Hz	♎ Libra

Frequency Chart ✨

JADE JEMIMA

'MY BODY IS A TEMPLE'  
WOMENSWEAR

CONSUMER BOARD

do it for your future self

Crystal Healing 17/21





GOLD BRASS  
BUCKLE

GOLD PINEAPPLE  
LEATHER

GOLD YKK  
8MG ZIP

OFF WHITE  
BOILED WOOL

ROYAL BLUE MERINO  
DOESKIN WOOL

ORANGE  
120 THREAD

GRASS METAL  
BUTTONS

BRANDED LABEL

ANTHRACITE  
BOILED WOOL

OFF WHITE  
BOILED WOOL

WOOL DELAINE  
(LINING)

ROYAL BLUE  
120 THREAD

RAW WOOL  
WADDING

COTTON  
WADDING

BRANDED  
SWING TAG

JADE JEMIMA  
'MY BODY IS A TEMPLE'  
WOMENSWEAR

FABRIC BOARD





Shape needs to be higher over head

①

weight creases needs stiffening to create stability

②

move to under hip

③

finish in shoulder

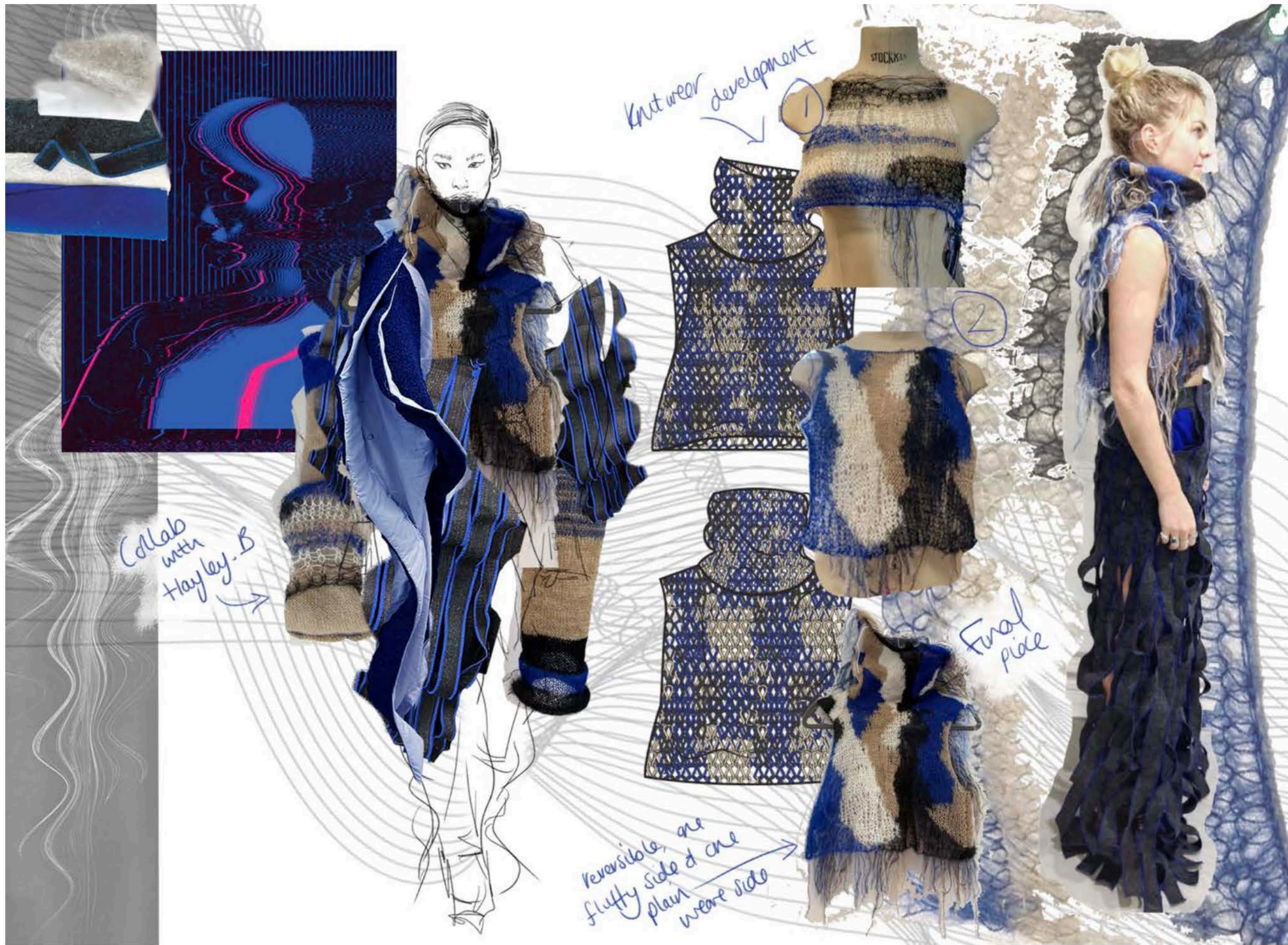
add thick webbing for width

remove seams cut on bias make thicker

remove 1/2 to female

0





Knitwear development

Collab with Hayley.B

Final piece

Reversible, one fluffy side & one plain wear side

1

2





contrast pocket bag that goes across the whole front to corner

Edge masses so was go straight down

Pocket bag to finish off this line

take out side panels to reduce waist size

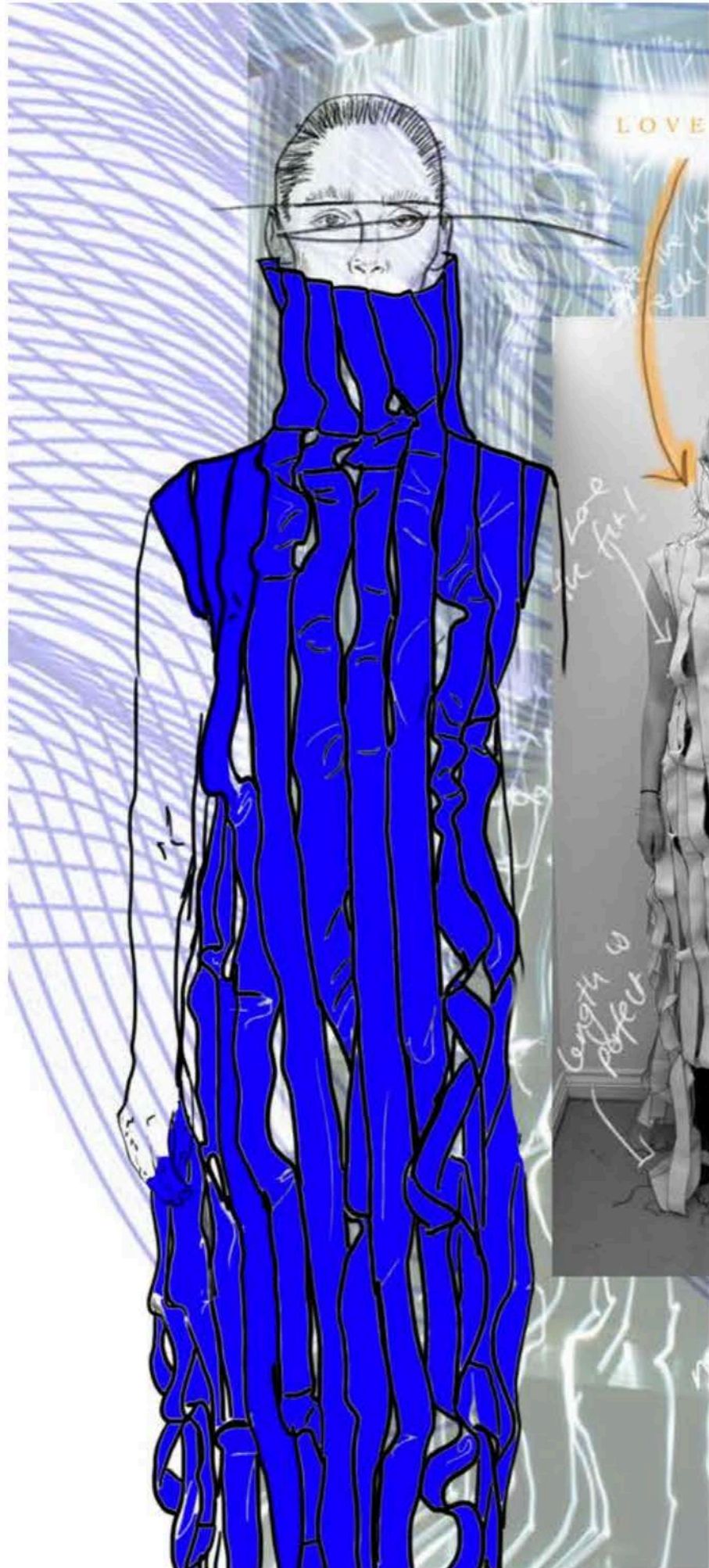
more curved lines

knobby overlocked

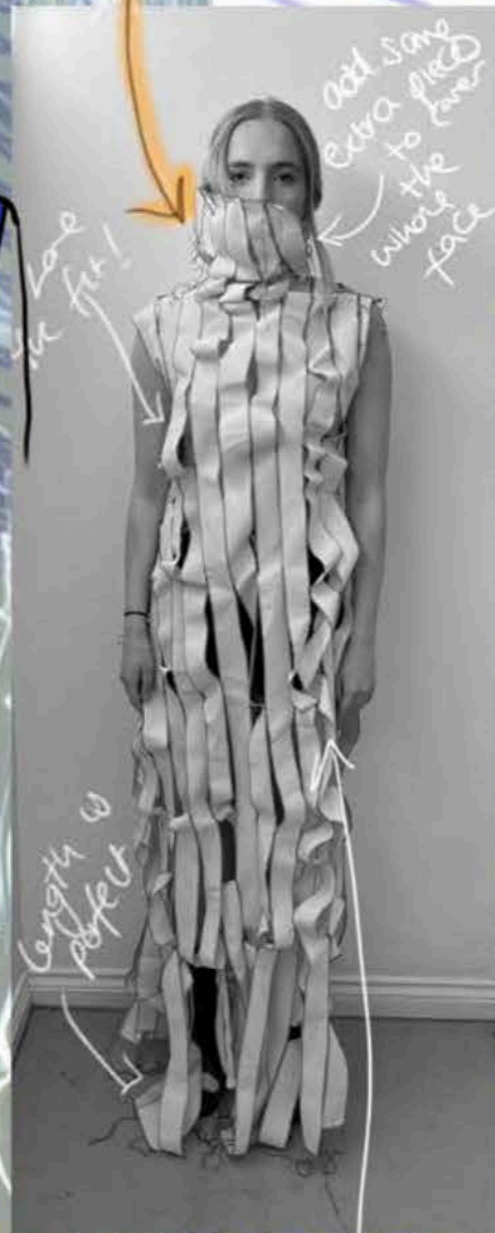
more

the skirt





LOVE THE HIGH NECK



TOO MANY EXTRA PIECES ADDED, NEEDS TO BE TIGHTER



DOES IT NEED THE ARM WARMERS?

KNITWEAR OPTION OVER THE TOP I LIKE, ITS ADDS MORE DIMENTIONS TO THE DRESS

BETTER WITH MORE VOLUME





create a curved collar, slash and spread the back can fit better



add a topstitch seam in each pillow







Styling Option  
 - Knitwear over the top  
 - platform low heels



No dress  
 - Gold trousers  
 - Wide sleeves



options  
 - leggings!  
 - armwarmers  
 - platform heels, black?



- wool coat  
 - no knitwear  
 - long grey rollneck  
 - black platform



- Denim look  
 worn trousers  
 - tear tone overlocking like sketch.



- knitwear trousers need to be fixed out.



- knitwear reversed so fluffy

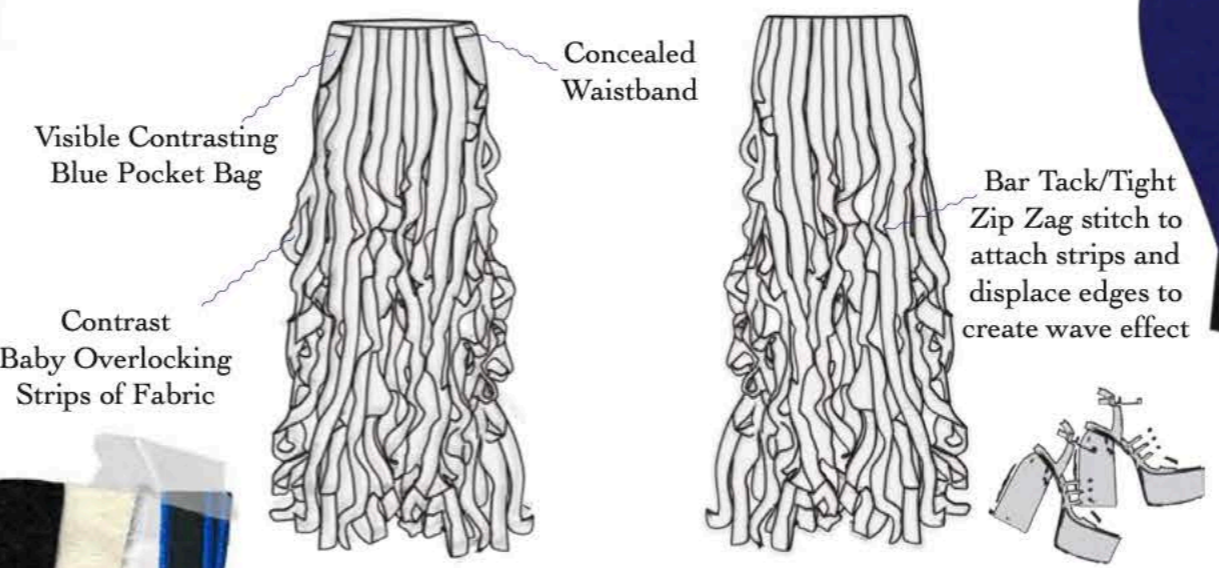
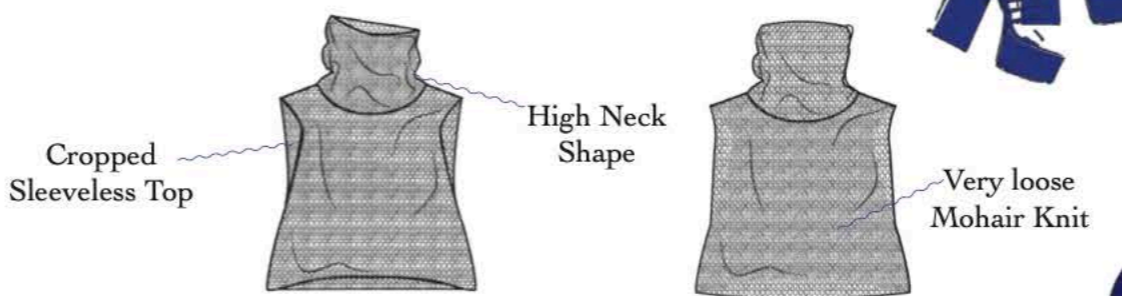
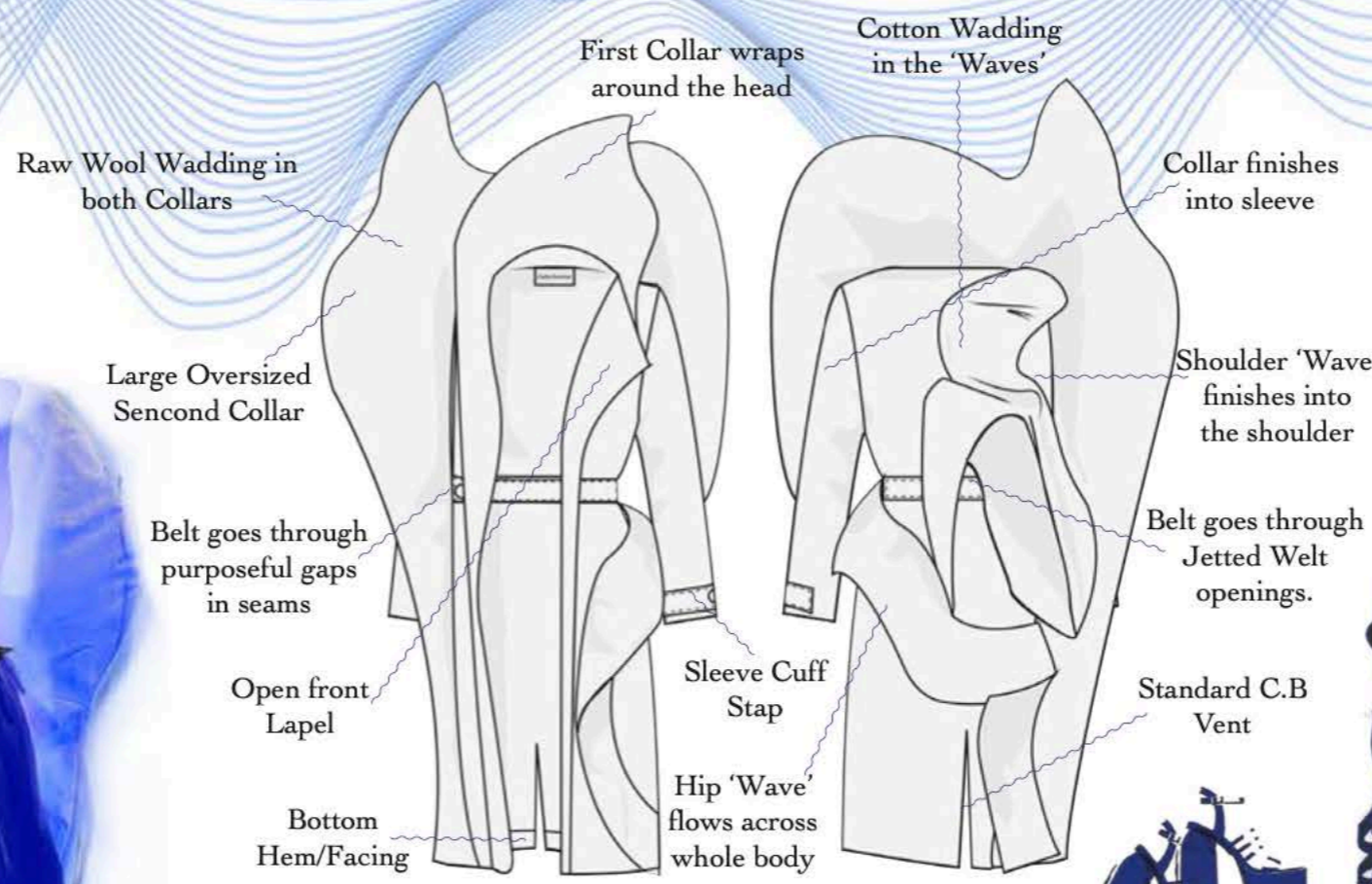
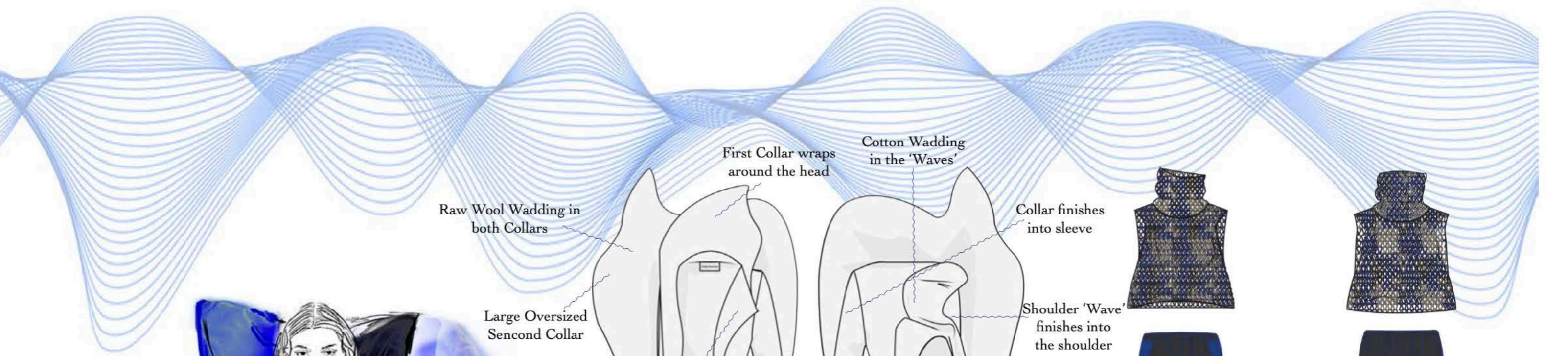


- No top needed under coat. Maybe white body suit?  
 - Gold knee thigh boots!



Cream trousers

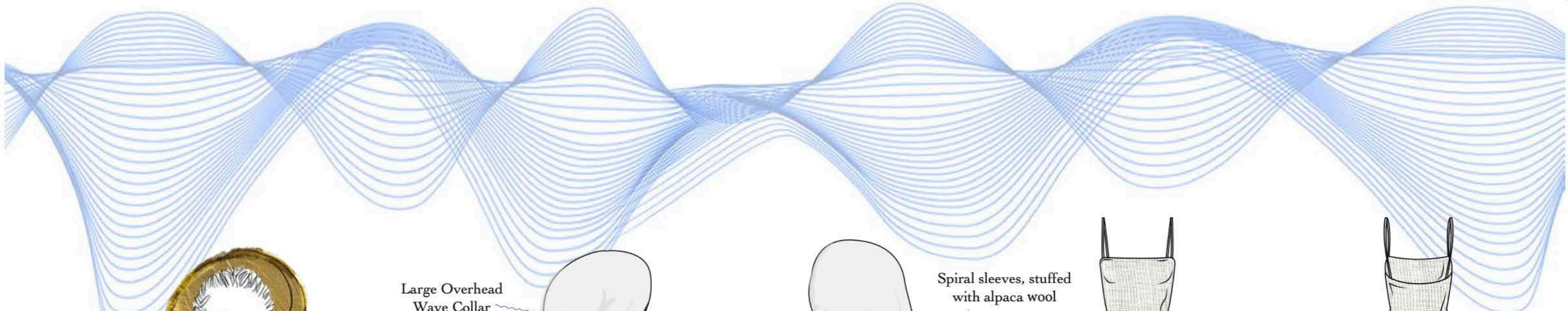




Outfit Board 1

JADE JEMIMA  
'My Body Is a Temple'





Large Overhead Wave Collar

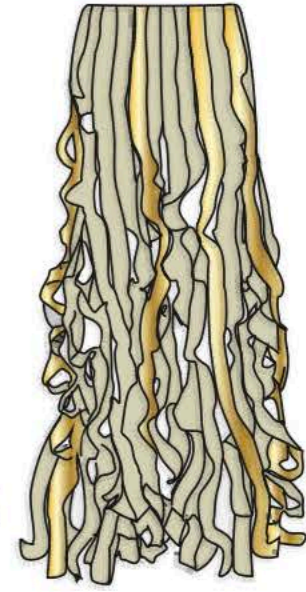
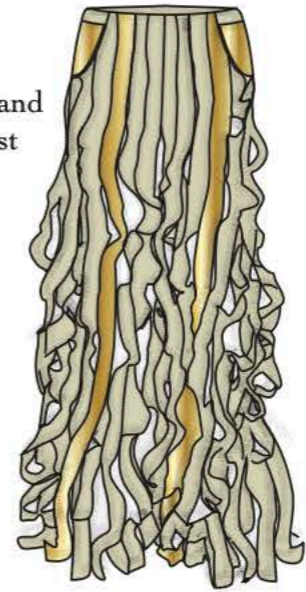
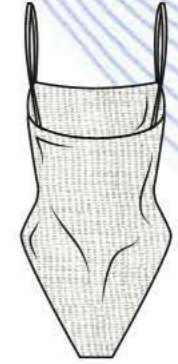
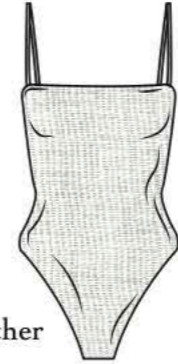
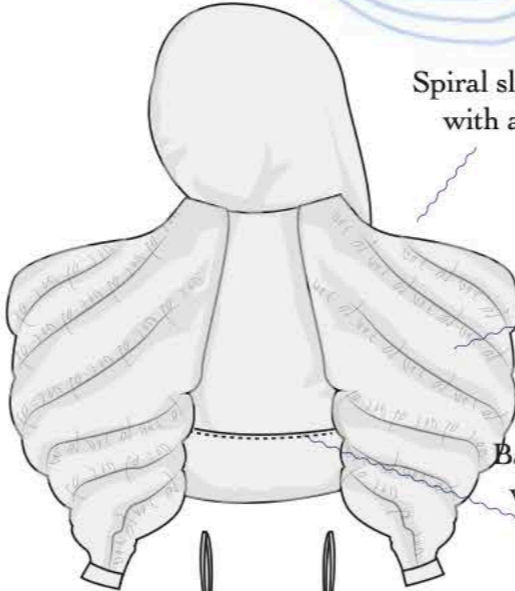
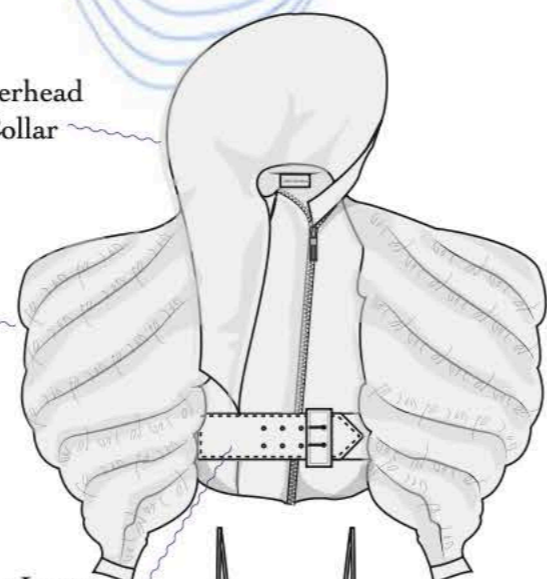
Large YKK 8mm Gold Zip

Extra Large Oversized Belt Buckle

Tight Woven Knit Crinkle Body Suit

Consealed Waist Band

Contrast Gold Under Layer Pocket Bag



Spiral sleeves, stuffed with alpaca wool

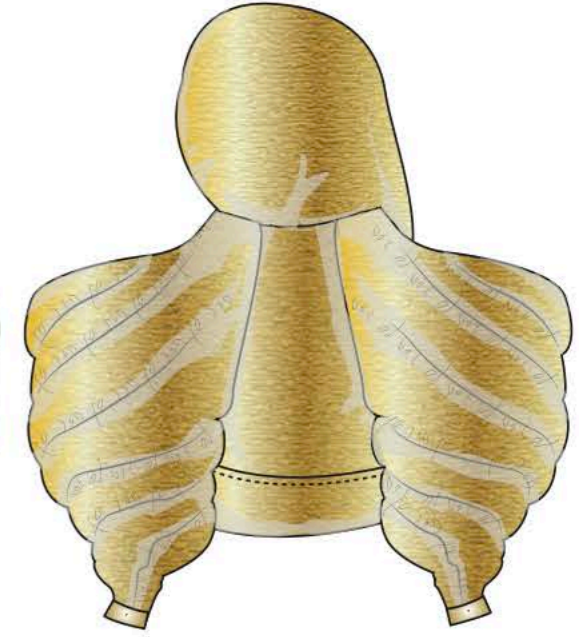
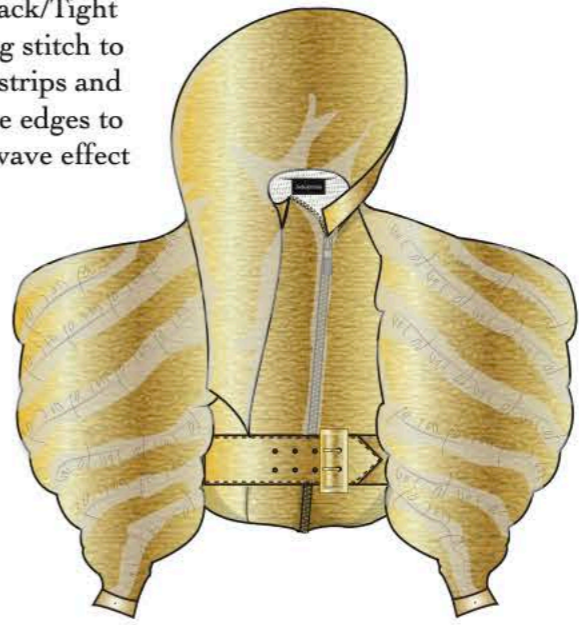
Pineapple Leather

Back waist band with contrast stitching

low back scoop, high leg cut.

Contrast Gold Pineapple Leather strips

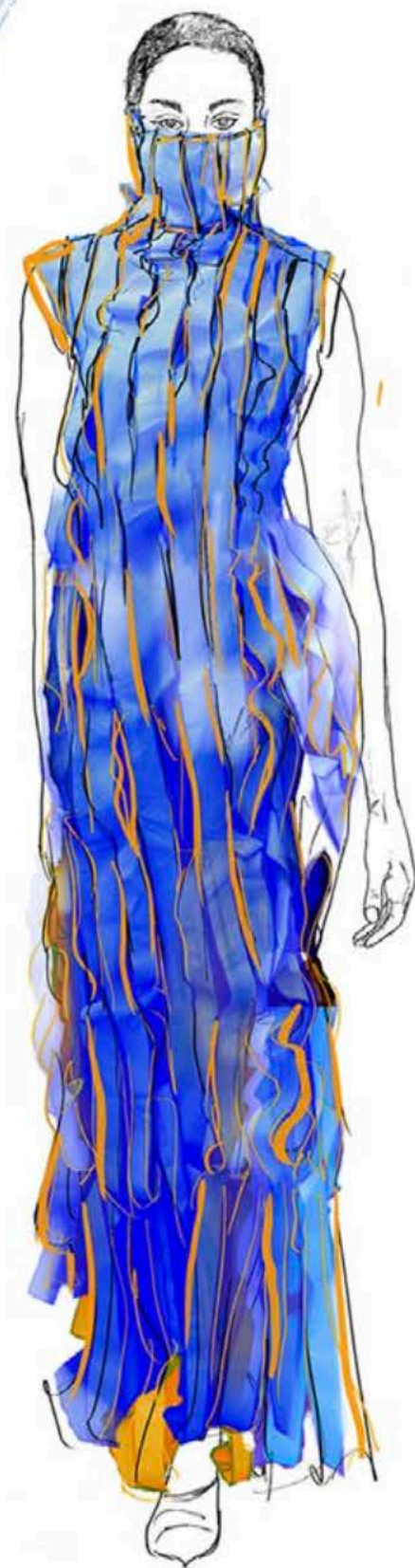
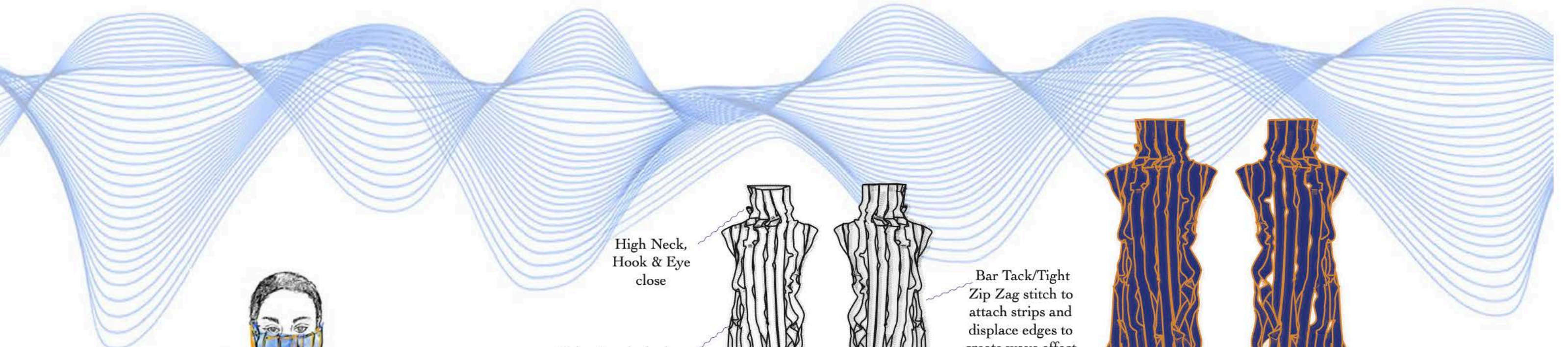
Bar Tack/Tight Zip Zag stitch to attach strips and displace edges to create wave effect



### Outfit Board 2

JADE JEMIMA  
'My Body Is a Temple'

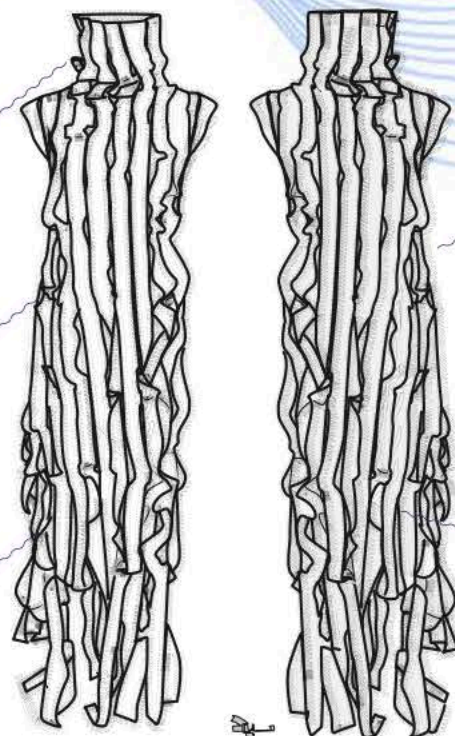




High Neck,  
Hook & Eye  
close

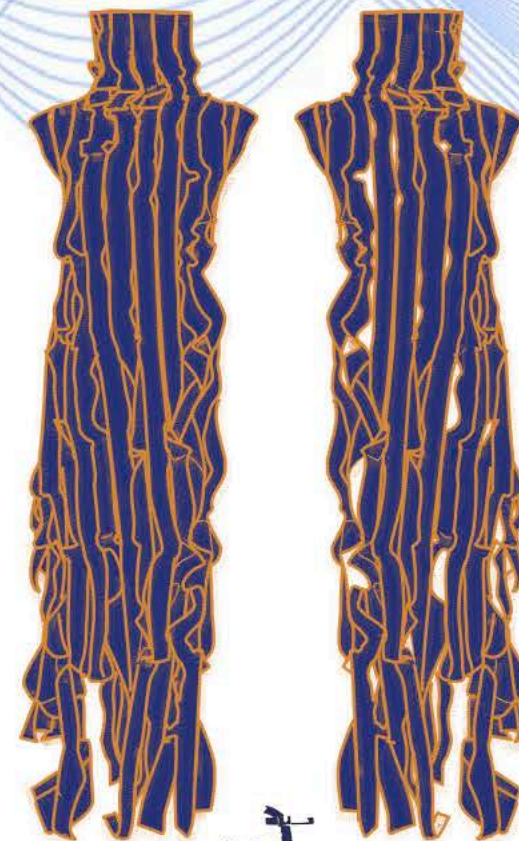
Baby Overlocked  
Contrast Stitched Edges

Right side opening,  
as a leg slit



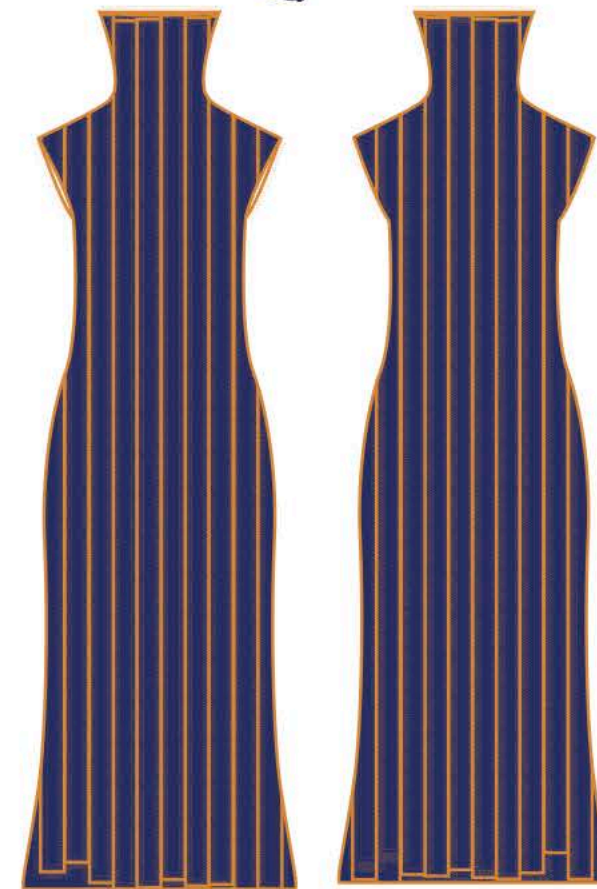
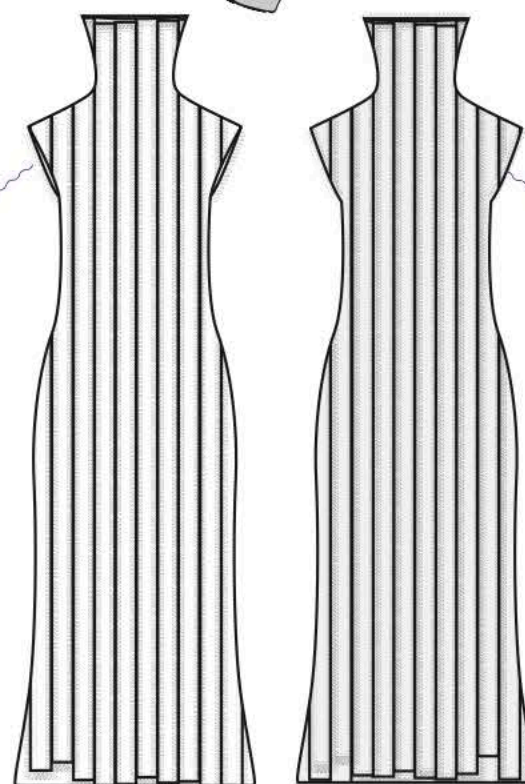
Bar Tack/Tight  
Zip Zag stitch to  
attach strips and  
displace edges to  
create wave effect

Extra lengths  
added to create  
more volume



Flat Lay -  
Before Edges Are  
Caught Up

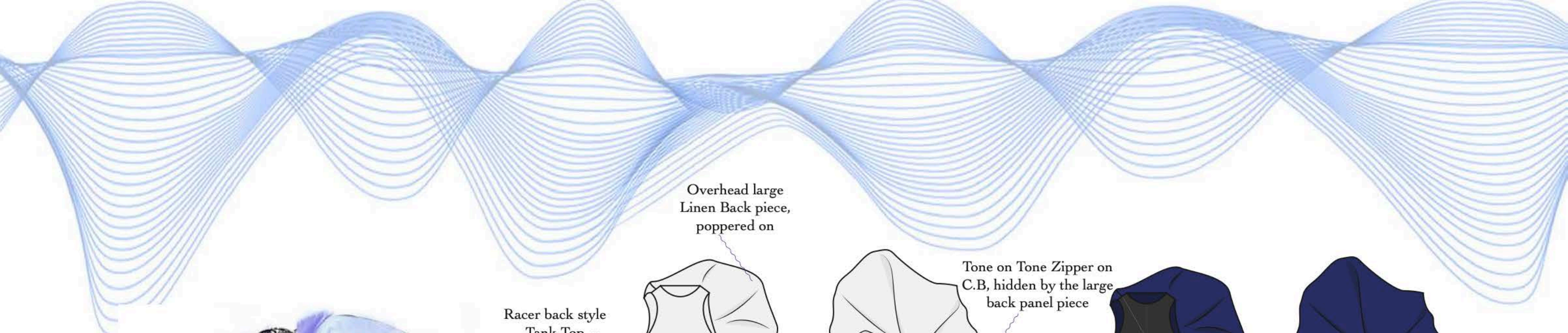
Short Sleeve  
Cut



Outfit Board 3

JADE JEMIMA  
'My Body Is a Temple'





Overhead large Linen Back piece, popped on

Racer back style Tank Top

Wadded Over Skirt

Over Skirt is incased with Foam and Boning for stability.

Fingerless Arm Warmers in loose Mohair knit

Recycled Plastic Bottle Jersey leggings

Tone on Tone Zipper on C.B, hidden by the large back panel piece

Over skirt folds back on its self and wraps up abover into the back piece

large high waist band, for support and comfort.



### Outfit Board 4

**JADE JEMIMA**  
'My Body Is a Temple'





JADE JEMIMA  
'MY BODY IS A TEMPLE'  
WOMENSWEAR

